

Work-life Services

Sometimes life throws a wrench in the works. Experts beyond mental health are available to resolve emergencies, guide you through challenges, and help you stay on top of your busy life.

Services and available support



Legal Consultations

Partner: CLC

- 30 minute free consultation per issue with an attorney or mediator and a 25% discount on ongoing services
- 24/7 emergency services
- Easy-to-use legal forms, documentation preparation and online legal library



Identity Theft Support

Partner: CLC

- 60 min free consultation with a Fraud Resolution Specialist
- Assists members with restoring their identity and good credit
- Free ID theft emergency response kit



Child, Elder, Pet Care

Partner: EmployeeCare

- Access code: Lyra-Kiewit
- Child, elder and pet care consultations, resources, and referrals
- 24/7 access to services online or by phone
- Online library of educational resources



Financial Consultations

Partner: My Secure Advantage

- 30 minute free consultation with experienced financial counselor per issue
- 30 minute free consultation on income tax planning, and a 25% discount on the CPA's normal fee for document preparation
- Online financial library

Get started at 1884.lyrahealth.com
care@lyrahealth.com | (877) 422-5532

Lyra Health, Inc. works in partnership with Lyra Clinical Associates P.C. and other contracted partners to be your Lyra Care Navigator Team and deliver clinical services. Your Lyra benefit covers the cost of as many in-person or live video sessions clinically indicated by your Lyra provider, up to 12 care sessions. Employees and their dependents enrolled in the Cobra health plan have access to continued care coaching, therapy, and medication management support from a Lyra network provider. These sessions are billed through the health plan and subject to in-network outpatient mental health cost-sharing, as defined under your health plan. For more information please contact Lyra's Care Navigator Team.

