



# How Wellthy can help

Whether it's to care for yourself, your spouse, your children, your parents, or a member of your chosen family, Wellthy is here to help. We consider all of the variables of care including medical, financial, in-home, housing, legal, and social-emotional needs.

Create an account to get hands-on support from our team of care experts, or simply start out by using the many tools within the online Care Dashboard that meet you wherever you are in your caregiving journey.

## Wellthy can help with:



### Aging

For families with aging members dealing with all kinds of life changes.



### Health Conditions

For those managing a tough diagnosis or chronic condition.



### Mental Health

For those struggling with depression, anxiety, and other mental or behavioral health concerns.



### Veteran Support

For our heroes and their families to get the care they deserve.



### Financial Support

For assistance with bills, insurance, benefits, and other programs.



### Neurodiversity and Disabilities

For special families with unique and intersectional needs.



### Childcare and Teen Support

For parents and caregivers who are raising children and teenagers.

## You and your family have sponsored access to Wellthy!

Getting started is simple.

1

Visit [wellthy.com/member/kiewit](https://wellthy.com/member/kiewit) and click "GET STARTED"

2

Create your account and verify your eligibility

3

Tell us about your care situation to get matched with a Care Coordinator