

Know your numbers with a biometric screening

A yearly biometric screening is an important tool to keep an eye on your health. It helps determine your risk of chronic health conditions like heart disease and diabetes so that you can take steps to reduce these risks.





Lab patient service center

Find a patient service center near you where we will collect your sample.



Biometric screening kit

Get a kit delivered to your home with instructions on how to collect your sample.

Get tested and take control of your health

A biometric screening can help identify risk factors associated with chronic health conditions like heart disease and diabetes.



- Log in to Rally and navigate to Explore
- Locate the Biometric Screening tile under Rewardable Activities
- Select Schedule a Screening
- You will be taken to LetsGetChecked to complete your registration